

**WEIMAR INDEPENDENT SCHOOL DISTRICT**  
**SCHOOL HEALTH ADVISORY COMMITTEE**  
**Tuesday, November 19, 2024**  
**Meeting Minutes**  
**WHS Library**

Attendance:

Lydia Ford - Parent / Chairperson  
Carrie Rerich - Parent / Vice-Chairperson  
Heather Janak - Parent / Secretary  
Jill Weishuhn - Parent Member  
Rebekah Hernandez - Parent Member  
Krystal Janecka - Parent Member  
Codi Pesak - WJHS SEL / Guidance and Counseling / Teacher  
Lindsay Fisbeck - WHS Guidance and Counseling  
Leslie Kloesel, RN - WISD School Nurse / SHAC Coordinator

Not in Attendance:

Josue Rivas - Parents As Teachers / Non-for profit Organization  
Laura Hernandez - DSHS  
Melissa Cabrera, RN - DSHS Public Health Nurse  
Jenny Fricke - Parent / Coach  
Angela Wied - WES SEL / Guidance and Counseling  
Melanie Ramirez - Stanzel Foundation / Non-for profit Organization  
Ja'Shae Carter - Texas AgriLife / Education Agency  
Kristy Janecka - Parent / WES Principal  
Skye Anderle - WJHS Principal  
Stacy Heger - WHS Principal  
Theresa Rerich - Dietary Services Representative

<b>Agenda Item</b>	<b>Discussion</b>
I	Opening / Approval of Meeting Minutes
A. SHAC Meeting Minutes	SHAC Meeting Minutes: September 17, 2024 motion made for approval.
II	Old Business
III	New Business
A. Report from Chairperson	<ul style="list-style-type: none"><li>• None.</li></ul>
B. Health Office Update	<p>Leslie Kloesel, RN District School Nurse</p> <ul style="list-style-type: none"><li>• Health Report: The main illness is the stomach bug which is normal this time of year.</li><li>• Mass State Screenings: vision, hearing, spinal and</li></ul>

	<p>AN were completed. Referral letters were mailed to the parent / guardian's mailing address. If the referral is not completed, then the next referral letter will go home with the student's January Report Card.</p> <ul style="list-style-type: none"> <li>• The State Immunization Report was sent October 30, 2024.</li> <li>• Leslie spoke about the Kindergarten and 7th grade Immunization State Reports for 2023-2024 school year. See attached</li> </ul>
C. 2024-2025 SY Goals	<ul style="list-style-type: none"> <li>• <b>Health Education</b> <ul style="list-style-type: none"> <li>◦ None</li> </ul> </li> <li>• <b>Physical Education and Physical Activity</b> <ul style="list-style-type: none"> <li>◦ None</li> </ul> </li> <li>• <b>Health Services</b> <ul style="list-style-type: none"> <li>◦ CPR, AED and Stop the Bleed (Region 3 ESC): <ul style="list-style-type: none"> <li>■ WHS Seniors will be trained as a group on Wednesday, January 22, 2025 by Region 3 ESC and myself.</li> </ul> </li> <li>◦ EpiPen4Schools Program: Leslie stated the EpiPens are on order. Leslie discussed the standing order from Dr. John McNeill, and how to administer an EpiPen.</li> </ul> </li> <li>• <b>Counseling, Psychological, and Social Services</b> <ul style="list-style-type: none"> <li>◦ Lindsay Fisbeck WHS School Counselor - stated she is working on preparing the seniors for scholarship applications. She and Coach Conway are developing a video to post on her website regarding the 16 career clusters. The Hope Squad is going strong, and they recently went to Texas A&amp;M.</li> <li>◦ Codi Pesak WJHS School Counselor - stated Red Ribbon week was a huge success. 6th-8th grade students participated in the "Texas Say What" program. Codi has had group discussions about stress. The Red Door gave WJHS a grant that will fund "Guiding Hearts", this program will cover issues such as anxiety and anger management.</li> <li>◦ Angela Wied WES School Counselor - Was not available to attend the meeting.</li> </ul> </li> <li>• <b>Social and Emotional School Climate</b> <ul style="list-style-type: none"> <li>◦ Lindsay Fisbeck WHS School Counselor - see above</li> <li>◦ Codi Pesak WJHS School Counselor - see above</li> <li>◦ Angela Wied WES School Counselor - was not available to attend the meeting.</li> </ul> </li> <li>• <b>Physical Environment</b></li> </ul>

	<ul style="list-style-type: none"> <li>○ None.</li> <li>● <b>Family Engagement</b> <ul style="list-style-type: none"> <li>○ WES Family Night was held on Wednesday, November 13, 2024.</li> </ul> </li> <li>● <b>Employee Wellness</b> <ul style="list-style-type: none"> <li>○ Leslie stated the Flu Vaccine was offered to the WISD employees. Only 27 people (employees and spouses) utilized the Flu Clinic.</li> </ul> </li> </ul>
IV	Round Table Discussion
A. Open Discussion	<ul style="list-style-type: none"> <li>● Jill Weishuhn discussed the issue of Kratom. This topic was new to most SHAC Members. Jill stated Kratom is a legal plant base version of an opioid-like substance. She stated some college athletic programs encouraged their players to drink the substance to help with pain, but Kratom causes a euphoric feeling. Athletes and others using this product are requiring drug detox rehabilitation due to addiction to the substance. Leslie stated she would be on alert for the possibility of students at WISD using the substance.</li> </ul>
V	Meeting Closing
A. Next Meeting	<ul style="list-style-type: none"> <li>● The SHAC Members were notified of the next scheduled meeting for Tuesday, January 21, 2025 at 12:10 PM in the Weimar High School Library</li> <li>● The SHAC Meeting was adjourned at 12:55 PM</li> </ul>

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Minutes written by: Leslie Kloesel, RN

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Lydia Ford, WISD SHAC Chairperson